



# A Brave Heart

Week of May 21- May 27

*This sermon study is designed to be used the week after the sermon it supplements. Before using the study in your life group, it might be helpful to work through the questions on your own before your group meets. The purpose of this guide is to help facilitate discussion and to help your group, collectively and individually, grow closer to Jesus.*

## SERIES RECAP

King David is often described as “a man after God’s own heart.” In this sermon series, we will look at the “heart” of King David and what we can learn from his life.

## SERMON SUMMARY

As a young man, David faced the giant Goliath when no one in the army of the Israelites would. Why did he have such a brave heart?

## MAIN TEXT

1 Samuel 17:1-51; Psalm 1:1-2; 2 Corinthians 10:3-4; Philippians 2:3-4; 1 John 5:4; Philippians 4:13.

## GETTING STARTED

What do you fear? Have you ever done something you later thought, “That was crazy?”

## DIGGING DEEPER

1. Read 1 Samuel 17:8-10.
2. What kind of man was Goliath? What do you make of his taunts?
3. Why was David there?
4. What is David’s reaction to Goliath’s taunts?
5. Read 1 Samuel 17:26-27.
6. Why do you think David is interested in what will be done for the man who vanquishes Goliath?
7. Read 1 Samuel 17:28.
8. How do you explain David’s brother’s reaction to David?
9. David encounters other forms of opposition. What are they?
10. In the sermon, we learned of four opposition groups when we encounter “giants.” They are

discouragers, cynics, doubters, and helpers (who don’t really help). Which group do you encounter most?

11. Read 1 Chronicles 28:9.
12. When tackling a giant, we need to check our own motives. What does David tell Solomon?
13. Read Psalm 121:2.
14. Where does our help come from?
15. David chose not to use Saul’s armor and weapons in favor of his own. Why?
16. How did David finish the task?
17. What is God asking you to do?

## NEXT STEPS

Could the person described in this chapter be you someday? How do you start?

## DISCIPLESHIFT STORY

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1 Samuel 17:1-51

David and Goliath

1. Who are the characters in the story?
2. List an attribute for each character in the story.
3. As you think about each character, whom do you identify most with right now? Why?
4. Are you a “giant” or a “giant-slayer?” Why?
5. What do you think of David’s confidence? Where did it come from?
6. What is God asking you to do?