



# No Life Without Death

## Week of September 9-September 16

*This sermon study is designed to be used the week after the sermon it supplements. Before using the study in your life group, it might be helpful to work through the questions on your own before your group meets. The purpose of this guide is to help facilitate discussion and to help your group, collectively and individually, grow closer to Jesus.*

### **SERIES RECAP**

In this series we are on a journey to discover whether we're a follower of Jesus, or just a fan. Jesus inevitably asks each of us to consider whether we simply admire Him from a far, or take up our cross and follow Him daily. Our answer to this question determines our eternal destiny!

### **SERMON SUMMARY**

Jesus asks His followers to give up their lives to follow Him. It requires us to loosen our grip on everything we are and have. Though the sacrifice is large, it's nothing in comparison with what we have to gain in Christ!

### **MAIN TEXT**

Mark 8:34-37

### **GETTING STARTED**

**What physical possession would be the hardest for you to give up, if asked?**

### **DIGGING DEEPER**

1. Read Mark 8:34-37.
2. **Why does Jesus say to deny yourself, take up your cross, and follow Him?**
3. **What does it mean to deny yourself?**
4. **What does it mean to take up your cross?**
5. **In what way can a person both save his life and lose it at the same time?**
6. **What are some things that Christians often struggle to let go of?**
7. **Which aspect of following Jesus do you find the most difficult? It is serving, sacrificing, or surrendering?**

8. **How has this sermon challenged or reinforced your view of your life?**
9. **How is God asking that you respond?**

### **NEXT STEPS**

In order to truly follow Jesus and experience life to the fullest, we are to die to our own self. What step can you take this week to deny yourself and choose to live for Jesus?

### **DISCIPLESHIP STORY**

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Please feel free to use the questions in the sermon study on "No Life Without Death."