



Online Doctor Visits Any Day, Any Time



Give your employees the advantage of flexible, affordable, and convenient healthcare with the **BlueCare AnywhereSM telehealth app**. When their primary doctors aren't available, employees can visit with a provider, counselor, or psychiatrist any day, any time—from their smartphone, computer, or tablet.

Three Types of Telehealth Care Available



MEDICAL

When an employee doesn't have a regular doctor or their primary care provider isn't available, BlueCare Anywhere providers are here to help with a range of common illnesses, aches, and pains. They can also prescribe medication, if necessary.



COUNSELING

Licensed psychologists or counselors are available to treat issues—such as mental health and substance use—that can affect emotional, psychological, and social well-being. By appointment only.



PSYCHIATRY

Board-certified psychiatrists are available for assessments, evaluation, treatment, and can prescribe medication. By appointment only.



DOWNLOAD THE **BlueCare Anywhere** APP
OR VISIT **BlueCareAnywhereAZ.com** NOW.



**BlueCross
BlueShield**
Arizona

Telehealth—Quality Care with Real Benefits



ANYTIME, ANYWHERE ACCESS

Round-the-clock access to care provides peace of mind and added protection to traveling employees or those who are not able to get in to see their own provider.



ACCESSIBLE CARE, HEALTHIER EMPLOYEES

Because employees can conveniently access care from the comfort of their home or other familiar environments, they're more likely to seek care rather than delaying treatment. Healthier employees can reduce absenteeism and increase productivity.



CONVENIENCE AND COST SAVINGS

With BlueCare Anywhere, appointments are typically available within minutes of logging on.¹ Plus, online visits may help your employees avoid unnecessary urgent care or emergency room visits.²

Effective January 1, 2022:

Small Businesses with 1-50 Employees: Estimated Member Costs

BlueCare Anywhere Telehealth Type of Visit	Copay Plans	HSA-Qualified Plans
Medical Visit	\$0	\$64
Counseling Visit	\$20	\$90-\$115
Psychiatric Visit	\$20-\$45	\$95-\$250

CONTACT YOUR BCBSAZ REPRESENTATIVE OR
VISIT azblue.com FOR MORE INFORMATION.



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¹The BlueCare Anywhere service should not be used in health emergencies. If you have a health emergency or need immediate help for an accident or injury, seek emergency care or call 911.

²Counseling and psychiatry appointments may take up to 14 days to schedule.

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