

Mental Health Resources

Hotlines

- National Suicide Prevention Hotline: call/text **988** or 800-273-8255
- Teen Lifeline: **602-248-8336** (TEEN)
- Crisis Text Line: Text **HOME** to **741741**
- National Eating Disorder Association: **1-800-931-2237**

Local Resources

- Website: [Mental and Behavioral Health Resources in Maricopa County](#)
- Ministry: [Compass Christian Church Care Ministry](#)
- Ministry: The Landing (meets Fridays at 6pm in the West Auditorium at Compass Christian Church)