

Into the Wild: Jesus Tempted in the Wilderness  
Matthew 4:1-11

Ice Breaker: What's something that's tempting for you in the realm of food? Something you maybe shouldn't eat all the time but consider to be a 'guilty pleasure'?

1. The enemy focused on Jesus' humanity when trying to tempt Him. How is that important to this event and how can it inform our behavior when we are hard pressed by life to choose the lesser path?
2. The devil attempted to get Jesus to serve Himself, to seek popularity/earthly recognition, and to take a shortcut on God's promises. Which of these is most challenging for you? Why is that?
3. Talk about some of the reasons why we might be most vulnerable to temptation right after a big win or a mountaintop experience.
4. What's one verse you center your thoughts around or maybe even recite when you find yourself tempted in some way?
5. The enemy is going to keep coming at us and Jesus knew what we would go through because He experienced it. Discuss how Jesus understanding that struggle can help us.