

East of Eden - Calamity

Week of February 1, 2026

READ:

Genesis 3

KEY POINTS:

- Sin enters through subtle distortion of truth – Sin doesn't usually arrive loudly, it creeps in. At its core, sin whispers, "You don't need God. You can decide yourself."
 - Our responses to sin – Adam and Eve responded the same way we still do today, with shame, fear, and blame. Sin always drives us away from honesty, intimacy, and responsibility.
 - The cost of sin is separation – Sin is not trivial, it is destructive and costly. It fractures every aspect of our lives:
 - Psychologically – We feel guilt and shame
 - Socially – We separate from others
 - Environmentally – Creation itself was broken
 - Physically – Death entered the world
 - Spiritually – We became separated from God
 - God's love shows up in grace and truth – God does not ignore sin, but He also does not abandon His people. God's promised redemption (Genesis 3:15) demonstrates His love for us, by preparing the way for Jesus.
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QUESTIONS:

- Why do you think we are tempted to minimize or rationalize sin today?
- Which response to sin do you most identify with—shame, fear, or blame? Why?
- Think through where you see sin creeping in subtly in your life - Knowing that God loves you despite your sin, does this encourage you to surrender your sin to Him? Why? How?
- Where might God be inviting you to stop hiding and respond honestly to Him this week?

LIFE APPLICATION

- Ask God to reveal to you where sin may be creeping into your life subtly.
 - Ask yourself honestly: Where am I doubting, distorting, or disregarding God's Word?
 - Notice your default response to sin, covering up, hiding, or blaming, and name it.
 - Take responsibility for your choices rather than minimizing or comparing your sin.
 - Receive God's grace with humility, remembering that truth and love always go together.
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PRAYER:

Dear Lord,

We confess that we are often quick to hide, quick to blame, and slow to trust You fully. Thank You for loving us enough to tell us the truth about sin, and for loving us even more by providing a way back to You. Help us step out of hiding, receive Your grace, and walk in obedience this week.

Restore what sin has distorted, and shape us more into Your image.

In Jesus' name,
Amen.