

## Seven Secrets of the Kingdom

### The Secret Place

May 3<sup>rd</sup>, 2026

#### READ:

Psalm 91:1–6, 9–12, 14–16 ; Ephesians 4:17–19 ; Matthew 4:6–7 ; John 15:5–8 ; Proverbs 25:2

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#### KEY POINTS:

- Disconnection from God Is the Root Issue - Anxiety, burnout, and emptiness are symptoms of a deeper spiritual separation from God, not the core problem.
  - Faith Is Active, Not Just Belief - True faith is demonstrated through trust-filled actions, not just intellectual agreement with truth.
  - The Secret Place Is the Solution - God invites us into a continual place of intimacy where we dwell with Him and experience His peace and protection.
  - The Secret Place Requires Vulnerability and Stillness - It is an unguarded, judgment-free, quiet space where we allow God full access to our thoughts and hearts.
  - Trust Replaces the Need for Control - Like Jesus in the wilderness, we are called to trust God without demanding proof or control over outcomes.
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#### QUESTIONS:

1. Psalm 91 describes someone who “*dwells*” in God, not just visits Him. What stands out to you about the way this person relates to God? How would you describe the difference between *visiting* God and *dwelling* with Him?
2. How does this idea of “dwelling” connect to *John 15:5–8* and remaining in Christ? What do these passages suggest about what an ongoing relationship with God is meant to look like?
3. In *Ephesians 4:17–19*, Paul says separation from God leads to a “darkened understanding.” What does that reveal about how disconnection from God affects our thinking, desires, and decisions? How do you see that play out in real life?

4. Psalm 91:9–10 speaks of making God our dwelling. What is the difference between simply believing in God and abiding in Him? How does this shape your understanding of salvation (being saved) vs. sanctification (walking with God daily)?
  5. When was the last time you truly slowed down to listen to God, and what happened? If that hasn't been consistent, what is getting in the way of you building a real "secret place"?
  6. Looking honestly at your current rhythms, what is one thing that is crowding out your time with God? What is one *specific, non-negotiable change* you can make this week to begin dwelling with Him more intentionally?
  7. If nothing about your relationship with God changes over the next 6 months, where will that lead you spiritually? What do you sense God is inviting you to surrender right now so that doesn't become your reality?
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### **Life Application**

- Create a Daily Secret Place - Set aside intentional, distraction-free time to be with God in a quiet and focused environment.
  - How to: The secret Place must be...
    - Unguarded – Bring your real thoughts, fears, and struggles to Him without filtering or hiding.
    - Judgement Free – A space full of God's grace
    - Quiet – Remove all distractions
    - Creative – Imagine a place where you feel joy, then imagine Jesus entering that space to be with you
- Replace Quick Fixes with Presence - When anxiety or stress rises, pause and turn to God instead of immediately seeking distraction.
- Listen as Much as You Speak - Build space in your prayer life to be silent and attentive to God's voice.

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## **Prayer**

Heavenly Father,

Thank You for inviting us into Your presence. Forgive us for the ways we've tried to fix our struggles apart from You. Teach us to dwell in the secret place, to come to You openly, quietly, and with full trust. Help us to surrender control, to rest in Your faithfulness, and to remain in You daily. Draw us closer and restore what has been disconnected in our hearts.

In Jesus' name,

Amen.