

References: *Delivered by Desire* by Daryl Wingerd; Jeremiah 2:11-13; Jeremiah 2:27-28; Philippians 4:11-13; Genesis 50:20; Philippians 4:11a

“When all external restraints are removed [your] strongest desire determines [your] behavior.” Daryl Wingerd

Appetite > Source = Discontent

Source > Appetite = Content

1. Why are we never satisfied?

- We exchanged something very valuable for something else that will never satisfy us.
- Our idol gods will always leave us empty.
- You can't have living water until you get rid of your cisterns!

“If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world.”  
C.S. Lewis

2. How can we ultimately be content?

The apostle Paul actually states that he is content in the midst of horrible circumstances.

- Contentment is learned not caught or achieved by osmosis.
- Contentment comes when we distinguish between “wants” and “needs.”
- Contentment comes when we become experts at exposing cisterns.

“Our heart is restless until it finds its rest in thee!” Augustine

- Contentment comes when we become students of the true source.

“Love for God is what drives out sinful habits...It's what produces obedience to Christ.” Daryl Wingerd

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